

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Pregnancy Options LifeCare Center

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Goal: To provide necessary services and referrals to pregnant and parenting women in southern Minnesota

For the period: April, May, June 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hire and train volunteers; coordinate donations of baby store incentives; assess staff conduct all administrative duties		Staff are training for STI/STD testing and are prepared to start. We have an RN as our Nurse Manager and an LPN on staff. We continue to increase the learning material for our EWYL program.	
Outreach	Promote incentive education program to English, Spanish, Somali speaking clients; increasing capacity		We were at several speaking engagements and public activities to spread our information including all cultures. We continue to reach out to other public services to communicate our services.	
Case Management Services	Follow-up with incentive education program clients to assess progress and facilitate access to resources	100	We have designed a new procedure to obtain data from clients on how they rate the level of knowledge, assistance and information they receive from Pregnancy Options.	64
Crib Distribution/ Sleep Safety Education	Award cribs through Cradle of Hope crib distribution program; provide sleep safety education through incentive education program	5	While numbers have been down the need for safe sleep environments continues to be needed.	6

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Financial Assistance	Provide assistance with completing Financial assistance forms; provide Scholarships for Mom educational programs; provide prepaid cards for assistance in emergency situations	7	We continue to offer assistance for our clients in filling out applications for county aid (food assistance, energy assistance, and insurance). We also continue to partner with Motherhood grants as needed. We continue to offer prepaid cards as we are able.	4
Interpreter Services	Provide interpreters for Spanish-speaking and Somali-speaking clients	5	We continue to offer Somali interpreters for our clients who have limited English as well as offer a Spanish speaking advocate for our Hispanic clients.	63
Life-Skills Education Program	Provide educational programs that have components specifically about building life skills	35	We continue to expand our education to include training to improve life skills and promote real world skills.	93
Material Support	Provide baby clothing, diapers, layettes, baby equipment to pregnant and parenting women not included in incentive program.	40	We continue to partner with St. Vincent's De Paul to assist with the needs of new and expecting parents with material needs.	69
Mental Health	Refer clients for mental health assessment; refer to or assist clients with entering treatment programs	5	We continue to assess the needs of our clients for referrals to mental health facilities.	0
Nutrition	Provide prenatal vitamins, folic acid, nutrition education programs, referrals to food shelves	20	We continue to provide nutritional services to our clients with prenatal vitamins, and nutritional education as well as referring those in need to St. Vincent's and local food shelves.	6

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Parenting Education	Assist clients in accessing needed services; enroll clients in parenting education incentive program and assess needs through Life Coaching; meet with clients to complete assignments and provide Life Coaching	200	We continue to offer education for our clients that equip them with parenting and life skills that enable them to grow into confident, self sufficient parents.	94
Pregnancy Education	Assist clients in accessing needed services; enroll clients in pregnancy education incentive program and assess individual needs; meet individually with clients to complete assignments	35	We continue to educate expecting mothers on the importance of prenatal care as well as fetal development .	39
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing	7	We continue to offer and assist with pregnancy test for the women who seek our services.	7
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	7	We continue to assess and aid our clients in the necessary services available within the community.	3
Transportation	Provide transportation vouchers to clients attending educational programs	3	We continue to offer transportation vouchers as we have them to assist clients with the challenges of getting to our center.	1

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	4
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	8
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	22

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	7
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	7
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	9

Challenges: We brought on a new staff and new volunteers, we continue to educate and train these new members to the policies and procedures of the center. We have noticed our Somali client numbers are down, possibly due to their observation of Ramadan. We have had several clients complete their time with us with “graduating from the program.” Our total numbers for this quarter are down and we have separated out more of what services clients are receiving.

Comments: Pregnancy Options LifeCare Center is in the process of developing a marketing plan for our services. Our hope is to be able to do more outreach in our community to share what is available to clients. We have had several chances to share the services that Pregnancy Options LifeCare Center has to offer recently, we will continue to advertise with more public engagements over the next few months.